



Hurry, pressure and training

Pressa, pressão e formação

The young surgeon is in a hurry. He is in a hurry to learn, in a hurry to execute, to clear the world before his eyes.

Society exerts pressure and wants new options that are increasingly efficient and risk-free. Patients are also in a hurry for quick results, return to routine, resumption of physical and professional activities.

No matter the degree of complexity of the diagnosis or procedure, the search for the perfect solution is a citizen's characteristic in this new era.

To offer the best, it is necessary to have experience, educational background, technical skills; in other words, expertise, diligence and logically, prudence.

Teaching in Medicine has adapted to these new precepts, and it is no different for our specialty^{1,2}.

In short, what we need today is very different from what we had until very recently. What about technical books? Great consolidated works of knowledge, which, when published, no longer translate the current evidence. Natural for a time when the speed of information depended on the press, the large gap between bibliographic updating and publication was not even noticed. Today, the limited scientific value of a textbook is perhaps more important to the author, as an effect of personal publicity, than to the reader, as a means of learning.

Even scientific journals have changed the mode of publication to hasten the dissemination of research results. The volumes and fascicles have been switched to a mode of continuous publication in their virtual versions, made available on the network in real time³. The rapid release of articles accepted in the model called "ahead of print", even before formatted in the final style, seeks in the same way to hasten the propagation of scientific information⁴.

There is, however, a need for parsimony and common sense. And speaking of haste, as a popular expression in Portuguese says: a lot of serenity at this time! Rapid dissemination cannot be synonymous with disrespect for due scientific rigor. Non-certified platforms of disseminating medical information tend to disappear as the speed of integration increases. Even so, the value information must go through the entire validation process. The process must be fast, but the steps must be followed, both for teaching and for learning. This includes self-assessment of teaching, in a scientific and validated way⁵⁻⁸. Ensuring quality teaching, based on scientific information is a must. Disseminating science, indistinctly, is another obligation, which must be exercised with intensity and responsibility.

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